



HEALTHY OPTIONS BRUNCH MENU | SERVED DAILY 10.00AM - 12.30PM

OPTION A TRADITIONAL BREAKFAST	OPTION B ON A MUFFIN	OPTION C PROTEIN PANCAKES
<p>THE VIGOUR BREAKFAST ^{Gf}</p> <ul style="list-style-type: none">+ CHORIZO & SMOKED PAPRIKA BAKED BEANS+ SMOKED BACON+ GARLIC & ROSEMARY MUSHROOMS+ SOFT POACHED EGG+ TURKEY SAUSAGE+ CHARGRILLED HALLOUMI	<p>AVOCADO SMASH & ROAST PEPPER SALSA WITH SOFT POACHED EGGS ^v</p> <p>SOFT POACHED EGGS OVER SMOKED BACON & HOLLANDAISE SAUCE</p> <p>SOFT POACHED EGGS, WILTED SPINACH & HOLLANDAISE SAUCE ^v</p> <p>PULLED PORK IN BBQ APPLE SAUCE WITH SOFT POACHED EGGS</p>	<p>AMERICAN ^{Gf} SMOKED BACON, BLUEBERRIES & MAPLE SYRUP</p> <p>BRITISH ^{GfV} GOLDEN SYRUP, LEMON JUICE & BLUEBERRIES</p> <p>FRENCH ^{GfV} GARLIC & ROSEMARY MUSHROOMS WITH CREAM CHEESE</p>
£6.95	£5.95	£4.95

Gf - GLUTEN FREE V_E - VEGAN V - VEGETARIAN

WE USE NO REFINED SUGARS, ADDITIVES OR PRESERVATIVES. ALL FOOD COOKED FRESH DAILY ON SITE BY OUR TEAM OF CHEFS. FOR ANY OTHER DIETARY OR ALLERGEN INFORMATION PLEASE ASK ONE OF OUR TEAM MEMBERS.